COETRALI

			30111		
EQUIPMENT:			TAPE MEASURE	300 FT - 6 SOFTB	ALLS GIRLS 2 - 8
	1 RE	CORDER	5 OFFICIALS =	ITER, 1 MEASURER	
				++++++++++++	,
1.	FIRST CALL SHOULD BE MADE FOR THE GRADE LEVEL. & GENDER AS PER ORDER OF EVENTS AT THE SAME TIME AS THE FIRST CALL FOR THE 1600 M. COMPETITION SHOULD START PROMPTLY AT THE TIME SET BY THE MEET DIRECTOR. WHEN THE DESIGNATED GRADE TO START HAVE COMPLETED THEIR PRACTICE THROWS, CONTACT THE FIELD EVENT COORDINATOR OR MEET DIRECTOR FOR THE FIRST CALL FOR THE NEXT GRADE TO THROW AND SO ON, UNTIL THE PRACTICE THROWS OF THE LAST GROUP. AT THIS TIME MAKE FIRST CALL FOR THE NEXT AGE GROUP & GENDER TO THROW.				
2.	ATHLETES MAY SIGN IN ADVANCE OF THEIR THROW TIME AND MAY LEAVE FOR TRACK EVENT. REMIND THEM TO RETURN AS SOON AS POSSIBLE.				
3.	EACH COMPETITOR WILL GET $\underline{\textit{3 practice throws}}$ in rotation that is all at once.				
4.	EACH COMPETITOR WILL RECEIVE THREE(3)THROW ATTEMPTS AT ONCE.				
	A.		RT OF ATHLETES FOOT H AND WILL BE MARKE	THAT CROSSES THE THE DECEMBER OF THE	IROW LINE IS A
	B.		ROW THAT GOES OUT O H AND SHALL BE MARK	F BOUNDS(OB) IS CON (ED WITH AN <u>"5"</u> .	SIDERED A
	c.	"SIDE A	RM "THROWS ARE ALL	OWED.	
	D.	"UNDER	HAND"THROWS ARE I	NOT ALLOWED & WILL	BE A <u>SCRATCH.</u>
	E.	BLACK N	METAL MARKER(S). TH	TIFY EACH THROW ON E TWO(2) BEST THROW MEASUREMENT WILL BI	S WILL BE

STRAIGHT → *-----X ← POINT OF LANDING ↑ Tape ↓ BACK TO → *-----X THROW LINE **THROW LINE**

LINE FROM THE HIT SPOT (X) TO THE THROW LINE (1)